## **Key Opinion Leader Flashcard**

# NUBEQA® (darolutamide) ARASENS STUDY | EFFICACY DATA



### NUBEQA is an androgen receptor inhibitor indicated for the treatment of adult patients with:

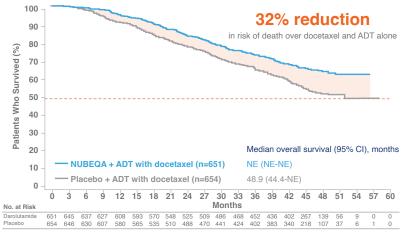
- Non-metastatic castration-resistant prostate cancer (nmCRPC)
- · Metastatic hormone-sensitive prostate cancer (mHSPC) in combination with docetaxel

### The NUBEQA combination\* significantly reduced the risk of death by nearly a third compared with docetaxel and ADT alone<sup>1,2</sup>

The NUBEQA combination starts with a short course of docetaxel (6 cycles)

\*NUBEQA + androgen deprivation therapy with docetaxel

Primary endpoint: HR, 0.68 (95% CI, 0.57-0.80) P<0.0001



The risk of death was 32.5%

lower in the NUBEQA group

versus the placebo group.

The NUBEQA combination

survival<sup>1</sup>

significantly improved overall

—Matthew Smith, MD, PhD



(95% Cl, 58.7-66.7) vs 50% in the placebo group (95% Cl, 46.3-54.6)<sup>a</sup> The overall survival benefit was significant despite 76% of patients taking placebo + ADT with docetaxel received subsequent

(374/495) life-prolonging antineoplastic therapy

At the data cutoff date (October 25, 2021), 45.9% of patients in the NUBEQA group and 19.1% of patients in the placebo group were receiving ongoing study treatment. 495 patients entered active or long-term (survival) follow up, plus 1 patient who did not enter follow up but received subsequent therapy.

Patients could receive more than 1 subsequent life-prolonging systemic therapy.



#### Warnings & Precautions

Ischemic Heart Disease – In a study of patients with nmCRPC (ARAMIS), ischemic heart disease occurred in 3.2% of patients receiving NUBEQA versus 2.5% receiving placebo, including Grade 3-4 events in 1.7% vs. 0.4%, respectively. Ischemic events led to death in 0.3% of patients receiving NUBEQA vs. 0.2% receiving placebo. In a study of patients with mHSPC (ARASENS), ischemic heart disease occurred in 3.2% of patients receiving NUBEQA with docetaxel vs. 2% receiving placebo with docetaxel, including Grade 3-4 events in 1.3% vs. 1.1%, respectively. Ischemic events led to death in 0.3% of patients receiving NUBEQA with docetaxel vs. 2% receiving placebo with docetaxel, including Grade 3-4 events in 1.3% vs. 1.1%, respectively. Ischemic events led to death in 0.3% of patients receiving NUBEQA with docetaxel vs. 0% receiving placebo with docetaxel. Monitor for signs and symptoms of ischemic heart disease. Optimize management of cardiovascular risk factors, such as hypertension, diabetes, or dyslipidemia. Discontinue NUBEQA for Grade 3-4 ischemic heart disease.

<sup>a</sup>Landmark Analysis, limitations include: ignores all events occurring before the landmark time; omission of high proportion of events with corresponding loss of power. The conditional property of a landmark analysis makes it difficult to generalize its results

androgen deprivation therapy (ADT); CI, confidence interval; HR, hazard ratio; NE, not estimable.



Please see additional Important Safety Information on reverse side. For full Prescribing information, please visit NUBEQA PI.

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#### Warnings & Precautions (cont.)

Seizure - In ARAMIS, Grade 1-2 seizure occurred in 0.2% of patients receiving NUBEQA vs. 0.2% receiving placebo. Seizure occurred 261 and 456 davs after initiation of NUBEQA. In ARASENS. seizure occurred in 0.6% of patients receiving NUBEQA with docetaxel, including one Grade 3 event, vs. 0.2% receiving placebo with docetaxel. Seizure occurred 38 to 340 days after initiation of NUBEQA. It is unknown whether anti-epileptic medications will prevent seizures with NUBEQA. Advise patients of the risk of developing a seizure while receiving NUBEQA and of engaging in any activity where sudden loss of consciousness could cause harm to themselves or others. Consider discontinuation of NUBEQA in patients who develop a seizure during treatment.

<u>Embryo-Fetal Toxicity</u> – Safety and efficacy of NUBEQA have not been established in females. NUBEQA can cause fetal harm and loss of pregnancy. Advise males with female partners of reproductive potential to use effective contraception during treatment with NUBEQA and for 1 week after the last dose.

#### **Adverse Reactions**

In ARAMIS, serious adverse reactions occurred in 25% of patients receiving NUBEQA vs. 20% of patients receiving placebo. Serious adverse reactions in ≥1% of patients who received NUBEQA included urinary retention, pneumonia, and hematuria. Fatal adverse reactions occurred in 3.9% of patients receiving NUBEQA vs. 3.2% of patients receiving placebo. Fatal adverse reactions in patients who received NUBEQA included death (0.4%), cardiac failure (0.3%), cardiac arrest (0.2%), general physical health deterioration (0.2%), and pulmonary embolism (0.2%). The most common adverse reactions (>2% with a ≥2% increase over placebo), including laboratory test abnormalities, were increased AST, decreased neutrophil count, fatigue, increased bilirubin, pain in extremity, and rash. Clinically relevant adverse reactions occurring in ≥2% of patients treated with NUBEQA included ischemic heart disease and heart failure.

In ARASENS, serious adverse reactions occurred in 45% of patients receiving NUBEQA with docetaxel vs. 42% of patients receiving placebo with docetaxel. Serious adverse reactions in  $\geq 2\%$ of patients who received NUBEQA with docetaxel included febrile neutropenia (6%), decreased neutrophil count (2.8%), musculoskeletal pain (2.6%), and pneumonia (2.6%). Fatal adverse reactions occurred in 4% of patients receiving NUBEQA with docetaxel vs. 4% of patients receiving placebo with docetaxel. Fatal adverse reactions in patients who received NUBEQA included COVID-19/COVID-19 pneumonia (0.8%), myocardial infarction (0.3%), and sudden death (0.3%). The most common adverse reactions (≥10% with a  $\geq 2\%$  increase over placebo with docetaxel) were constipation, rash, decreased appetite, hemorrhage, increased weight, and hypertension. The most common laboratory test abnormalities (≥30%) were anemia, hyperglycemia, decreased lymphocyte count, decreased neutrophil count, increased AST, increased ALT, and hypocalcemia. Clinically relevant adverse reactions in <10% of patients who received NUBEQA with docetaxel included fractures, ischemic heart disease. seizures, and drug-induced liver injury.

#### **Drug Interactions**

Effect of Other Drugs on NUBEQA – Combined P-gp and strong or moderate CYP3A4 inducers decrease NUBEQA exposure, which may decrease NUBEQA activity. Avoid concomitant use.

Combined P-gp and strong CYP3A4 inhibitors increase NUBEQA exposure, which may increase the risk of NUBEQA adverse reactions. Monitor more frequently and modify NUBEQA dose as needed.

Effects of NUBEQA on Other Drugs – NUBEQA inhibits breast cancer resistance protein (BCRP) transporter. Concomitant use increases exposure (AUC) and maximal concentration of BCRP substrates, which may increase the risk of BCRP substrate-related toxicities. Avoid concomitant use where possible. If used together, monitor more frequently for adverse reactions, and consider dose reduction of the BCRP substrate.

NUBEQA inhibits OATP1B1 and OATP1B3 transporters. Concomitant use may increase plasma concentrations of OATP1B1 or OATP1B3 substrates. Monitor more frequently for adverse reactions and consider dose reduction of these substrates.

Review the Prescribing Information of drugs that are BCRP, OATP1B1, and OATP1B3 substrates when used concomitantly with NUBEQA.

You are encouraged to report side effects or quality complaints of products to the FDA by visiting **www.fda.gov/medwatch** or calling 1-800-FDA-1088.

References: 1. Smith MR et al. *N Engl J Med.* 2022;386(12):1132-1142. 2. NUBEQA® (darolutamide) [prescribing information]. Whippany, NJ: Bayer HealthCare Pharmaceuticals Inc; October 2023.

NUBEQA® (darolutamide) 300 mg

Please see additional Important Safety Information on reverse side. For full Prescribing information, please visit NUBEQA PL.

